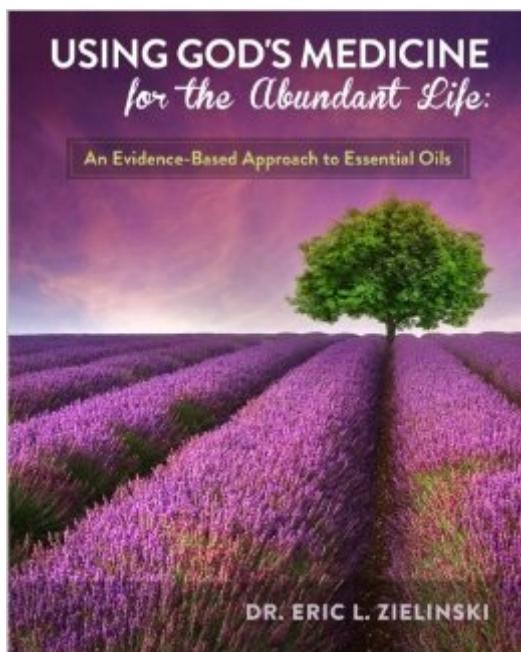


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# Using God's Medicine For The Abundant Life: An Evidence-Based Approach To Essential Oils



## Synopsis

"And the leaves of the trees are for the healing of the nations." Revelation 22:2 Essential oils are God's Medicine, it's as simple as that! It's not that we need science to validate what God has set in motion before time began, but it's nice to have some research to support what folk medicine has practiced with great success for over 3,500 years. Scientists are just now tapping into how powerful essential oils are to cure all types of diseases and to help people live the Abundant Life. This book was designed to help you sift through all this data and to provide you with practical uses that can easily be implemented today. Essentially, this book is an anthology, and it is advised that you don't read it cover to cover. Take in each chapter as your interest and need dictates; embrace the journey. George Bernard Shaw once said, "Progress is impossible without change, and those who cannot change their minds cannot change anything." • Essential oils are a wonderful way to take charge of your own health, and determine in your heart to learn more about natural solutions and remedies to everyday problems. Let's encourage one another to never settle and always strive to learn more about how to best honor our bodies as the temples of the Holy Spirit. We're all on this journey together!

## Book Information

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## Customer Reviews

This book is a great tool to use when trying to decide which oils to use for what ails us. I love it! It is clear and concise and gives direction on how to use and when to use. It also has references and gives effects of the particular oil you are researching! I highly recommend it! Definitely will be one of my go-to resource for oils. Love that Dr. Z gives the glory back to God. Thank you my good friend Erica for gifting me with this book.

Fantastic book. I love Dr Zielinski's amazing ability to explain complicated subjects in such a simple way that makes sense. Everyone who is in to essential oils should read this book.

Dr Z sent me this book in return for an honest opinion. First, thank you so much Eric! We love the book! It's beautiful, and we're really learning a lot! God bless you!! As for the book itself, it is well written to convey the most information in the easiest manner. We knew literally nothing about essential oils, and we've already learned so much in such a little amount of time. We're looking forward to more books from you, Dr Z!!

I have found this information about essential oils in this book to be wonderful and so helpful with the health struggles I've experienced so far. I was able to cure a soar throat and swollen glands, get much needed mood support through menopause symptoms, help with heartburn, and as a digestive aid. And to see it was all part of God's plan, nice!

Great source of scientific references for the use of essential oils mixed with practical easy advice in application. Love the book!

Thank you for the wonderful compilation of research on each essential oil! This resource has come in handy to have as a quick reference guide to find the right oil for any ailment, preventative care, and just every day needs from cleaning, body care, and aromatherapy!! A must have for any home!

One of the best books that I have on essential oil use....HIS provisions are best! Highly recommend this book & Dr. Z!

An excellent, easy to read and understand resource for improving your and those you love, health.

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